



AMERICAN ACADEMY  
OF COSMETIC SURGERY

LIVE SURGERY

WORKSHOPS

## TOTAL FACIAL REJUVENATION

FRIDAY, SEPTEMBER 11 – SUNDAY, SEPTEMBER 13, 2009

Tulsa Surgical Arts  
7322 East 91st Street South  
Tulsa, OK 74133-6016  
918.392.0880

### COURSE DIRECTOR

Angelo Cuzalina, MD, DDS

### COURSE CO-DIRECTOR

James Koehler, MD, DDS

### FACULTY

Colin Bailey, MD  
Tarek Copty, MD  
Mike Nayak, MD  
Joseph Niamtu III, DMD  
Jeffrey Swetnam, MD

This live surgical workshop focuses on techniques of total facial rejuvenation. All aspects of facial rejuvenation will be covered including: Minimally Invasive Facelift Techniques (Long and Short Flap Facelifts & 'Purse String' Lift), Advanced Facelift Techniques (Deep Plane), Submentoplasty, Facial Liposuction (including Laser or 'Smart' Liposuction, Endoscopic Forehead and Brow Lift, Facial Fillers, Botox®, Blepharoplasty, Skin Rejuvenation (Laser Resurfacing including Fractional Laser) and Facial Implants. Didactic sessions will involve patient selection, pre-operative planning, avoidance and management of complications as well as office management strategies and marketing.

FRIDAY,  
SEPTEMBER 11, 2009

- 6:30 A.M. Meet in lobby of Renaissance Hotel for transportation to Tulsa Surgical Arts
- 6:45 A.M. Breakfast
- 7:00 A.M. Welcome and Course Overview  
*Angelo Cuzalina, MD, DDS*
- 7:30 A.M. Case Introduction and Patient Pre-Operative Marking
- 8:00 A.M. Endoscopic Forehead and Brow Lifts  
*Angelo Cuzalina, MD, DDS*
- 8:15 A.M. Feldman Full Corset Submentoplasty  
*Mike Nayak, MD*
- 8:30 A.M. **Live Surgery Case #1:**  
Endoscopic Forehead and Brow Lift  
Mini Face Lift  
Lower Blepharoplasty
- 11:00 A.M. Patient Pre-Operative Marking
- 11:15 A.M. Open Brow Lifting Technique  
*Joseph Niamtu III, DMD*
- 11:30 A.M. **Live Surgery Case #2:**  
Standard Face Lift  
Full Face Total FX Laser Skin Resurfacing  
Endoscopic Forehead and Brow Lift
- 12:00 P.M. Lunch at Tulsa Surgical Arts
- 12:50 P.M. Purse String Facelifting  
*Mike Nayak, MD*
- 1:45 P.M. Patient Pre-Operative Marking
- 2:00 P.M. **Live Surgery Case #3:**  
Chin Implant  
Rhinoplasty
- 3:45 P.M. Basic Rhinoplasty  
*James Koehler, MD, DDS*
- 4:15 P.M. Basic Blepharoplasty  
*Tarek Copty, MD*
- 4:45 P.M. Skin Resurfacing (Std. & Fractional Therapy)  
*Colin Bailey, MD*
- 5:00 P.M. Question and Answer Session
- 5:15 P.M. Return to Renaissance Hotel
- 6:15 P.M. Meet in lobby of Renaissance Hotel for transportation to Tulsa Surgical Arts
- 6:30 P.M. Dinner at Tulsa Surgical Arts

SATURDAY,  
SEPTEMBER 12, 2009

- 6:30 A.M. Meet in lobby of Renaissance Hotel for transportation to Tulsa Surgical Arts
- 6:45 A.M. Breakfast
- 7:15 A.M. Follow Up Exams on Patients from Friday
- 7:30 A.M. Case Introduction and Patient Pre-Operative Marking
- 7:45 A.M. Complications of Rhytidectomy  
*Joseph Niamtu III, DMD*
- 8:00 A.M. Autogenous Fat Grafting  
*Mike Nayak, MD*
- 8:15 A.M. **Live Surgery Case #4:**  
Endoscopic Forehead and Brow Lift  
Full Lower Face & Neck Lift  
Fat Grafting  
Cheek Implants  
Upper Blepharoplasty  
Lower Blepharoplasty
- 11:45 A.M. Facial Implants  
*Colin Bailey, MD*
- 12:00 P.M. Lunch at Tulsa Surgical Arts
- 12:30 P.M. Patient Pre-Operative Marking
- 12:45 P.M. Injectable Fillers  
*Joseph Niamtu III, DMD*
- 1:00 P.M. **Live Surgery Case #5:**  
Full Lower Face and Neck Lift  
Botox & Fillers
- 2:00 P.M. Developing of Face Lifting Techniques and Current Choices  
*Tarek Coptly, MD*
- 2:15 P.M. Patient Pre-Operative Marking
- 3:15 P.M. Otoplasty  
*Joseph Niamtu III, DMD*
- 3:30 P.M. **Live Surgery Case #6:**  
Upper Blepharoplasty  
Lower Blepharoplasty  
Liposuction of Neck (Laser & microcannular)  
Botox & Permanent Fillers for Lip Enhancement
- 4:45 P.M. Submentoplasty & Liposuction (includes 'Laser' Lipo)  
*Angelo Cuzalina, MD, DDS*
- 5:00 P.M. Question and Answer Session
- 5:15 P.M. Return to Renaissance Hotel
- 6:45 P.M. Meet in Hotel Lobby for Transportation to Evening Event
- 7:00 P.M. Dinner Entertainment at Los Cabos Mexican Grill & Cantina

SUNDAY,  
SEPTEMBER 13, 2009

7:45 A.M.	Meet in lobby of Renaissance Hotel for transportation to Tulsa Surgical Arts
8:00 A.M.	Breakfast
8:15 A.M.	Follow up Exams on Surgical Patients
9:00 A.M.	Retirement, Disability & Asset protection for the Cosmetic Surgeon <i>Tony Martin, MBA, CFP, CLU</i>
9:30 A.M.	Practice Marketing & Internet Strategies for Small Surgical Businesses <i>Donald Griswold, President of Dogstar Media</i>
10:15 A.M.	Interactive Panel Discussion on Management of Complications <i>All Faculty</i> <i>(Doctors are encouraged to bring their own cases for non critical discussion)</i>
11:00 A.M.	Question and Answer Session
11:30 A.M.	Course Adjourns

The AACS believes that it is important to incorporate several different learning methods to complete the educational process. Certainly, didactic lectures with questions and answers, such as those found during general sessions, are important. The sharing of experiences from colleagues is invaluable, but this is not sufficient for a total learning experience. Concentrated learning sessions provided in our instruction courses are another very important facet of the process, allowing individuals quality time with one or more experts.

No surgical learning process however, is complete without a workshop setting, incorporating focused lectures with demonstrations, and if possible either simulated or actual hands-on experience.

Whether it is an established technique or one that is still unfolding, the learning process must be thorough and multifaceted. The Academy urges each surgeon to be responsible for seeking out a complete pathway to training, prior to incorporating any technique into his or her practice.

Patient safety and satisfaction can only be achieved through a commitment to comprehensive physician education and learning.

## AIR TRAVEL & HOTEL INFORMATION

In order to make your hotel reservations, please contact the Renaissance Hotel at 918.307.2600. Transportation to Tulsa Surgical Arts and all course events has been arranged from this hotel. The Renaissance hotel is a 15 minute drive from the Tulsa International Airport and an 8 minute drive to Tulsa Surgical Arts Cosmetic Surgery Center. (Individuals are responsible for arranging their own transportation to and from the airport). If you have not already made your travel arrangements, you may do so by contacting Hobson Travel at 800.538.7464 or 630.983.8000.

## MISSION STATEMENT

The mission of the American Academy of Cosmetic Surgery is to foster, promote, support, augment, develop and encourage the science, art and practice of cosmetic surgery.

## LEARNING OBJECTIVE

The American Academy of Cosmetic Surgery strives to assist cosmetic surgeons and patients in maximizing the efficacy and safety of cosmetic surgery procedures. At the completion of this workshop, participants should gain a greater understanding of the basic fundamentals, as well as the more advanced applications of facial cosmetic surgery. At every step of the workshop, emphasis will be placed on maximizing aesthetic results and minimizing untoward outcomes.

## PARTICIPANT PROFILE

This course is appropriate for cosmetic surgeons of all skill levels. The ideal meeting participant will have an active interest in cosmetic surgery and a personal commitment to patient safety and satisfaction.

## NEEDS ASSESSMENT

Today's cosmetic surgeon is faced with rapidly evolving technological advances and patient requests for state-of-the-art surgical solutions. Safety concerns about the new techniques make it imperative that the surgeon is well informed on the latest scientific developments in all areas of cosmetic surgery. Surgeons must have updated information and skills to effectively serve patients' in today's society. This course will succeed in preparing the cosmetic surgeon in the field of facial cosmetic surgery.

## CME STATEMENT

The American Academy of Cosmetic Surgery is accredited by the Accreditation Council for Continuing Medical Education to provide Continuing Medical Education (CME) for physicians.

The American Academy of Cosmetic Surgery designates this educational activity for a maximum of twenty-two (22) AMA PRA Category 1 Credit(s)<sup>™</sup>. Physicians should only claim credit commensurate with the extent of their participation in the activity.

A certificate of attendance will be distributed after completion of the program; however, this does not imply that the participant has achieved proficiency with the procedures.

# MEETING POLICIES

## AMERICANS WITH DISABILITIES ACT

It is important to AACCS that you enjoy this meeting. If you have any special needs due to a disability, please let us know in advance so that we may try to accommodate your needs.

## PHOTOGRAPHY/AUDIO/VISUAL TAPING RESTRICTIONS

There is strictly no photography, audio or visual taping allowed in session rooms or the exhibit area, without express prior written permission of the Academy and the speaker. Anyone found photographing or taping without authorization will be required to immediately surrender the film or tape, with no reimbursement or further recourse.

## DISCLAIMER

As an educational organization, the AACCS does not specifically approve, promote or accept the opinions, ideas, procedures, medications or devices presented in any paper, discussion, forum or panel, or any formal or informal meeting. This material is presented for educational purposes only, and is not intended to represent the only, nor necessarily the best, methods or procedures appropriate for the medical situations discussed, but rather is intended to present an approach, view, statement or opinion of the faculty which may be helpful to others who face similar situations.

The AACCS disclaims any and all liability for injury or other damages resulting to any individuals attending a session for all claims which may arise out of the use of the techniques demonstrated or discussed therein by such individuals, whether these claims shall be asserted by a physician or any other person.

Some drugs or medical devices demonstrated in AACCS courses or described in print or electronic publications have not been cleared by the FDA or have been cleared by the FDA for specific uses only. The FDA has stated that it is the responsibility of the physician to determine the FDA clearance status of each drug or device he or she wishes to use in clinical practice.

All speakers, topics and schedules and methods of presentation are subject to change without prior notification, and will not be considered reason for refund requests. For further information you may request a copy of the formal Academy Disclaimer of Liability policy from the AACCS headquarter office.

## CANCELLATION POLICY

Cancellation notification/refund requests must be received in writing by AACCS headquarters, 737 North Michigan Avenue, Suite 2100, Chicago, IL 60611, or by facsimile at 312.981.6787. After August 11, 2009, refunds will not be issued unless the course is completely filled and the spot of the individual requesting the refund has been replaced, over and above the filled course. A \$250 administrative processing fee will be subtracted from each approved refund.

## TOTAL FACIAL REJUVENATION

AACCS MEMBER \$2350     NON-MEMBER \$2700

Physician Name: \_\_\_\_\_

Original Field of Training: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

E-mail: \_\_\_\_\_

Payment:  Visa     MasterCard     American Express

Name on Card: \_\_\_\_\_

Card Number: \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Signature: \_\_\_\_\_

**Send Payment To:**

American Academy of Cosmetic Surgery

PO Box 95169

Palatine, IL, 60095-0169, or fax to 312.981.6787.



AMERICAN ACADEMY  
OF COSMETIC SURGERY

**Questions?** Call 312.981.6760. Deadline for refunds is August 11, 2009.

Payment must be made in U.S. dollars, drawn upon a U.S. bank.

By remitting the registration fee, registrant will be admitted on condition, and by said attendance at this meeting agrees, that he/she will not photograph, audio tape, transmit or aid in transmitting any description, account, picture or other reproduction of any part of the meeting. Breach of the foregoing will automatically terminate your registration and the registrant shall be liable for all consequential and other applicable damages.

By remitting payment for this meeting, you also agree to abide by all AACCS policies and procedures and by the policies included in this registration package.

Signature: \_\_\_\_\_



AMERICAN ACADEMY  
OF COSMETIC SURGERY

737 NORTH MICHIGAN AVE.  
S U I T E 2 1 0 0  
CHICAGO, IL 60611-5641

The American Academy of Cosmetic Surgery  
gratefully acknowledges Ortho Dermatologics  
for providing an educational grant in support  
of this live surgery workshop.

ORTHO —————  
DERMATOLOGICS™  
aesthetic