



AMERICAN ACADEMY
OF COSMETIC SURGERY

LIVE SURGERY

WORKSHOPS

NEW AND BASIC APPROACHES IN CELLULITE TREATMENTS AND LIPOSUCTION SURGERY

MAY 2-3, 2009 (SATURDAY – SUNDAY)

911 Park Avenue
New York, NY 10075
212.772.7242

COURSE DIRECTOR

Neil S. Sadick, MD

FACULTY

Theodore Diktaban, MD

Steven B. Hopping, MD

Cheryl Karcher, MD

Patrick G. McMenamin, MD

This all inclusive workshop will help the beginner and intermediate cosmetic and liposuction surgeon to understand and master the basic safety considerations, pre-operative planning, instrumentation, and techniques that will lead to developing a successful liposuction practice. In addition, new and updated techniques in the treatment of cellulite will be included in this comprehensive workshop. National leaders in liposuction and cosmetic surgery will present didactic lectures on instrumentation, patient assessment, setting up office based practice and operative room accreditation. Workshop participants will have a greater understanding of specific treatments, complications, and new techniques such as laser and radiofrequency assisted lipolysis. A highlight of this meeting will be live patient demonstrations by the masters treating various anatomic areas using advanced techniques for body contouring and cellulite.

SATURDAY,
MAY 2, 2009

8:00 A.M.

Breakfast and Registration

LECTURES

- I. Goals and History of Liposuction – *Neil S. Sadick, MD*
- II. Instrumentation – *Steven B. Hopping, MD*
- III. Evaluation and Assessment of the Liposuction Patient – *Cheryl Karcher, MD*
 - a. Pre-Op Workup
 - i. History Taking
 - ii. Physical Examination
 - iii. Visual Record
 - b. Recommendations to the Patient
 - c. Options for Patients with Skin Laxity
- IV. Introduction to Office-Based Liposuction – *Patrick G. McMenemy, MD*
 - a. Anesthesia Modalities
 - b. Clean vs. Sterile Technique
 - c. Tumescent Method
 - d. Fluid Management
 - e. Blood Loss Management
- V. Operative Planning and Conduct (pre and post operative care) – *Patrick G. McMenemy, MD*
 - a. Marking the Patient
 - b. Anesthesia
 - c. Preparation and Draping
 - d. Maintenance of Core Body Temp
 - e. Details of Positioning for Aspiration
 - f. Choice of Cannula
 - g. Technical Details of Aspiration
 - i. Monitoring Aspirate for Blood
 - h. Evaluations of Endpoint
 - i. Wound Closure
 - j. Garments and Aftercare

LIVE PATIENT DEMONSTRATIONS

- I. Traditional Liposuction – Lower Torso: Abdomen and Flanks

12:00 P.M.

Lunch

LECTURES (CONTINUED)

- VI. A. Treatment of Specific Areas and Populations of Patients – *Patrick G. McMenemy, MD*
 - a. Face
 - b. Neck
 - c. Arms
 - d. Male Breasts

- B. Treatment of Specific Areas and Populations of Patients – *Steven B. Hopping, MD*
 - e. Abdomen, Hips, Flanks, and Back
 - f. Buttocks
 - g. Thighs
 - h. Calves
- VII. Complications – *Theodore Diktaban, MD*
 - a. Medical Complications
 - b. Aesthetic Complications
 - c. Complication management
 - d. Adjuvant procedures
- VIII. New Techniques in Liposuction – *Neil S. Sadick, MD*
 - a. Laser Assisted Lipolysis
 - b. Sculpting and Fine Tuning

LIVE PATIENT DEMONSTRATIONS

- II. Traditional Liposuction – Lower Extremity: Thighs and Buttocks

5:00 P.M.

Session Adjourns

SUNDAY,
MAY 3, 2009

8:00 A.M.

Breakfast

LIVE PATIENT DEMONSTRATIONS

- I. Laser-Assisted Lipolysis: Chin

LECTURES

1. Pathophysiology of Cellulite – *Neil S. Sadick, MD*
2. A. Light Source and Radiofrequency Treatment Options – *Patrick G. McMenamin, MD*
 - a. Thermage
 - b. Triactive
- B. Light Source and Radiofrequency Treatment Options – *Cheryl Karcher, MD*
 - c. Velashape
 - d. SmoothShape
3. Subcision – *Neil S. Sadick, MD and Theodore Diktaban, MD*
4. Mesotherapy – *Neil S. Sadick, MD*

12:00 P.M.

Lunch

LIVE PATIENT DEMONSTRATIONS (CONTINUED)

1. Triactive – *Theodore Diktaban, MD*
2. Velashape – *Neil S. Sadick, MD*
3. Smoothshapes – *Cheryl Karcher, MD*
4. Thermage – *Neil S. Sadick, MD*

2:00 P.M.

Session Adjourns

The AACS believes that it is important to incorporate several different learning methods to complete the educational process. Certainly, didactic lectures with questions and answers, such as those found during general sessions, are important. The sharing of experiences from colleagues is invaluable, but this is not sufficient for a total learning experience. Concentrated learning sessions provided in our instruction courses are another very important facet of the process, allowing individuals quality time with one or more experts.

No surgical learning process however, is complete without a workshop setting, incorporating focused lectures with demonstrations, and if possible either simulated or actual hands-on experience.

Whether it is an established technique or one that is still unfolding, the learning process must be thorough and multifaceted. The Academy urges each surgeon to be responsible for seeking out a complete pathway to training, prior to incorporating any technique into his or her practice.

Patient safety and satisfaction can only be achieved through a commitment to comprehensive physician education and learning.

AIR TRAVEL & HOTEL INFORMATION

Hobson Travel, AACS's travel coordinator, can assist you with your air travel arrangements. You may contact Hobson Travel at 800.538.7464 or direct at 630.983.8000.

HOTEL RESERVATIONS

Please contact one of the following nearby hotels for reservations:

The Regency Hotel – 212.759.4100

The Carlyle Hotel – 212.744.1600

The Franklin Hotel – 212.369.1000

Courtyard by Marriott – 212.410.6777

MISSION STATEMENT

The mission of the American Academy of Cosmetic Surgery is to foster, promote, support, augment, develop and encourage the science, art and practice of cosmetic surgery.

LEARNING OBJECTIVE

The American Academy of Cosmetic Surgery strives to assist cosmetic surgeons and patients in maximizing the efficacy and safety of cosmetic surgery. At the conclusion of this course participants will learn how to treat various anatomic areas using advanced techniques for body contouring and cellulite. Participants will also have a greater understanding of specific treatments, complications, and new techniques such as laser and radiofrequency assisted lipolysis.

PARTICIPANT PROFILE

This course is appropriate for the beginner and the intermediate cosmetic and liposuction surgeon. The ideal meeting participant will have an active interest in liposuction surgery and a personal commitment to patient safety and satisfaction.

NEEDS ASSESSMENT

Today's cosmetic surgeon is faced with rapidly evolving technological advances and patient requests for state-of-the-art surgical solutions. Safety concerns about the new techniques make it imperative that the surgeon is well informed on the latest scientific developments in all areas of cosmetic surgery. Surgeons must have updated information and skills to effectively serve patients' in today's society. This course will succeed in preparing the cosmetic surgeon in the field of liposuction surgery.

CME STATEMENT

The American Academy of Cosmetic Surgery is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide Continuing Medical Education (CME) for physicians.

The American Academy of Cosmetic Surgery designates this educational activity for a maximum of fourteen (14) AMA PRA Category 1 Credit(s)[™]. Physicians should only claim credit commensurate with the extent of their participation in the activity.

A certificate of attendance will be distributed after completion of the program; however, this does not imply that the participant has achieved proficiency with the procedures.

MEETING POLICIES

AMERICANS WITH DISABILITIES ACT

It is important to AACCS that you enjoy this meeting. If you have any special needs due to a disability, please let us know in advance so that we may try to accommodate your needs.

PHOTOGRAPHY/AUDIO/VISUAL TAPING RESTRICTIONS

There is strictly no photography, audio or visual taping allowed in session rooms or the exhibit area, without express prior written permission of the Academy and the speaker. Anyone found photographing or taping without authorization will be required to immediately surrender the film or tape, with no reimbursement or further recourse.

DISCLAIMER

As an educational organization, the AACCS does not specifically approve, promote or accept the opinions, ideas, procedures, medications or devices presented in any paper, discussion, forum or panel, or any formal or informal meeting. This material is presented for educational purposes only, and is not intended to represent the only, nor necessarily the best, methods or procedures appropriate for the medical situations discussed, but rather is intended to present an approach, view, statement or opinion of the faculty which may be helpful to others who face similar situations.

The AACCS disclaims any and all liability for injury or other damages resulting to any individuals attending a session for all claims which may arise out of the use of the techniques demonstrated or discussed therein by such individuals, whether these claims shall be asserted by a physician or any other person.

Some drugs or medical devices demonstrated in AACCS courses or described in print or electronic publications have not been cleared by the FDA or have been cleared by the FDA for specific uses only. The FDA has stated that it is the responsibility of the physician to determine the FDA clearance status of each drug or device he or she wishes to use in clinical practice.

All speakers, topics and schedules and methods of presentation are subject to change without prior notification, and will not be considered reason for refund requests. For further information you may request a copy of the formal Academy Disclaimer of Liability policy from the AACCS headquarter office.

CANCELLATION POLICY

Cancellation notification/refund requests must be received in writing by AACCS headquarters, 737 North Michigan Avenue, Suite 2100, Chicago, IL 60611, or by facsimile at 312.981.6787 by April 2, 2009. After April 2, 2009, refunds will not be issued unless the course is completely filled and the spot of the individual requesting the refund has been replaced, over and above the filled course. A \$250 administrative processing fee will be subtracted from each approved refund.

NEW AND BASIC APPROACHES IN CELLULITE TREATMENTS
AND LIPOSUCTION SURGERY

AACS MEMBER \$2150 NON-MEMBER \$2500

Physician Name: _____

Original Field of Training: _____

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PO Box 95169

Palatine, IL, 60095-0169, or fax to 312.981.6787.



Questions? Call 312.981.6760. Deadline for refunds is April 2, 2009.

Payment must be made in U.S. dollars, drawn upon a U.S. bank.

By remitting the registration fee, registrant will be admitted on condition, and by said attendance at this meeting agrees, that he/she will not photograph, audio tape, transmit or aid in transmitting any description, account, picture or other reproduction of any part of the meeting. Breach of the foregoing will automatically terminate your registration and the registrant shall be liable for all consequential and other applicable damages.

By remitting payment for this meeting, you also agree to abide by all AACS policies and procedures and by the policies included in this registration package.

Signature: _____